

THREE PARENT WORKSHOPS

Beyond Bullying

**Recognize the effects of bullying and help our children
break the cycle of cruelty and aggression**

A Workshop for Congregation Geshher Shalom Parents of Elementary
and Middle-school Aged Children

Sunday, December 18th at 9:30 am

(Drop your children off for school and stay for the workshop)

From cyberbullying to teasing, bullying and social cruelty come in many forms. The truth is bullying impacts not just the obvious victims but all children in a variety of ways. This includes those who feel they are constant targets, to those who witness minor teasing in the playground and everyone in between. This presentation will help parents teach children how they can stand up for themselves and others, and how to resolve conflicts without resorting to aggressive behavior.



**Presented by Youth Development Specialist and Founder of
JLove and Values, Mara Yacobi, MSW**

Mara Yacobi is a Licensed Social Worker with over ten years of experience working with adolescent sexuality and prevention education. As a dynamic speaker and educator, Mara has led workshops and presented motivational speeches for thousands of students in middle schools, high schools, colleges, camps, youth groups, and agencies. She received her bachelor of Arts from Simmons College and Masters of Social Work from New York University.

Next two sessions in 2012

**Signs of Our Times: Raising Kids
In The Era of Texting, Facebook,
Myspace and Other Diversions
Sunday, January 29, 2012 - 9:30am**

**Talking to Your Children
About Sexuality
Sunday, March 11, 2012 - 9:30am**



Individual session \$10 / All three sessions \$25.

RSVP to at cory@geshershalom.org or 201-947-1654